

Ottawa Valley Weavers' & Spinners' Guild

February 2011 Newsletter

Message from your President

Mandy Heggtveit

I am happy to report that the grant application to the City of Ottawa for operating funding has left my desk and is now in the able hands of Faith Seltzer, the officer at City Hall responsible for our file. And, as Laurie knows, putting all the information together, writing it and making sure that it all makes sense is a pile of work but all this has one huge advantage: it makes us look back on what was accomplished during the past year and it forces us to articulate a vision and our plans for the next year and beyond. Since the OVWSG graduated this year from an annual to a three-year funding cycle this meant spelling out how the Guild fulfill its mandate over the course of the next three years. The Ottawa Valley Weavers' and Spinners' Guild's mandate is to "encourage its membership to achieve a high aesthetic standard and technical expertise in hand-weaving, hand-spinning and other fibre arts and to promote and foster the knowledge of, interest in, and appreciation of historic and contemporary fibre arts". Writing the application I realized, happily, that the programs and activities planned for the next three years are ambitious but truly reflect the Guild's mandate and include:

- the introduction of the OVWSG Certificate of Excellence program,
- two special workshops with Bonnie Inouye in October of 2011
- the 2011-12 Guild Challenge for weavers and spinners, and
- the planning and hosting of the Ontario
 Handweavers and Spinners (OHS) Conference in 2013.

Lastly, here are two points of housekeeping.

1.A Comment/Suggestion Box has been installed in the Resource Centre we invite you to take advantage and share your opinions, suggestions and comments with us.

You will find more information on the Certificate of Excellence and the 2011-2012 Guild Challenge further on in this Newsletter; details on the Bonnie Inouye workshops will be included in the March Newsletter.

As those who attended the January meeting will remember, the hosting of the OHS Conference was approved at that time. This conference is held every two years in one of Ontario's five major regions and in 2013 it is Eastern Ontario's turn. Ottawa has not hosted the event since sometime in the 1990's (I think) and it really is our turn to take on this responsibility. I don't know how many of you ever attended an OHS Conference but it includes workshops for weavers and spinners before, during and after the conference, keynote speakers, exhibitions, guild shows, a fashion show and so on. But what I always enjoyed most was meeting old friends, making new ones and networking across the Province. Hosting this conference is a wonderful opportunity for our Guild to shine and to show how good we are. I strongly encourage all of you to become actively involved in the planning and coordinating of the 2013 Conference; I promise that you'll get more out of it then the efforts you will have contributed to it.

I am happy to report that Sue Quinn has accepted to take on the coordination of the Guild's 2011 Exhibition & Sale at the Glebe Community Centre and I would like to take this opportunity to thank Sue for offering to take on this important responsibility and to assure the continued success of this yearly event.

2.Heartwood House has revised its parking policy, a copy of which was forwarded to you via email. Please observe this policy or you will risk getting a parking ticket. If you need a copy of the policy please let me know and I will email it to you. See you all on February 7th.

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Next Meeting: Monday, February 7th, 20

Come and join us for the next Guild Meeting on Monday, February 7th at 7:30pm at Heartwood House at 153 Chapel Street in Ottawa.

Program:

Barbara Richmond, a member of the International Guild of Miniature Artisans, will talk about the 1:12 scale miniature wicker furniture that she weaves for dolls houses and how she became a miniaturist. She will bring along examples of her work, in various stages of construction, discuss the problems of miniaturising furniture, and answer questions. Barbara is interested in weaving coverlets to scale and has asked for our advice on how to do this. Come and peek into the world of small, you may need to bring your glasses!

Our next meeting is Monday, March 7th, 2011!

General Announcements

Yarn Donations

The Guild very much appreciates your donations of yarn and/or fleece to the RC. Some of these gifts are used in workshops, some are sold to Guild members, and those not suitable for Guild purposes are "re-gifted" to other worthy causes. Every attempt is made to keep these donations sorted according to type and easily available to Guild members. We do need your help in achieving this. So please do not simply leave your donations somewhere in the RC, but hand them to Francesca, Aurora, or Sue. This would greatly facilitate the sorting and storing of these items when received, rather then discovering them at a later date somewhere in a bag. Your cooperation in this matter would be greatly appreciated.

OVWSG Certificates of Excellence (CE)

Since the demise of the Algonquin College's Fine Craft Certificate program in the early 1980's, the greater Ottawa area lacks a structured course curriculum that steers students from a beginning to an intermediate and ultimately advanced level in their chosen practice. This shortcoming has become evident over the past years as Guild members asked for more intermediate and advanced level workshops and classes to round out their competence

Based on initial consideration and discussions amongst several members, it was decided during the last Executive Committee meeting that the OVWSG launch a *Certificate of Excellence (CE)* program for weavers and spinners. The *Certificate of Excellence* is planned to be reasonably priced and offer a content that requires students to not

only master technical skills but will emphasize aesthetics, design as well as structural innovation and research. The CE is not intended to compete with or replace the OHS Master Weaver and Spinner programs but fill the need of the local weaving and spinning community. (Other Guilds, primarily in the US such as the Boston Weaving Guild offer similar programs).

The various segments of the program will be open to all members but only students who successfully complete all required courses and complete a personal research project will receive the Ottawa Valley Weavers' and Spinners Certificate of Excellence in either handweaving or spinning.

A CE Steering Committee, consisting of the Education Coordinator, an experienced spinner and weaver, will be appointed shortly. The committee's responsibility will be to design the two course curricula between February 2011 and May 2012. The first segments of the weaving and spinning courses are planned as a pilot program in September 2012-13, continued with the intermediate course rosters in 2013-14 and conclude with the advanced classes in 2014-15.

The Executive is aware that the creation and implementation of its Certificate of Excellence is an ambitious project and its timeline is relatively short. We believe, however, that the launching of the program in September 2012 is feasible since several of the CE course components are, or previously were, offered on an ad hoc basis, such as the Beginning Weaving Part I and 2, Double Cloth, Fabrics for Interiors or Beginning and Intermediate Spinning etc.

The creation of a program such as the *Certificate of Excellence* by a **regional** weaving and spinning

organization is, as far as we know, unique in Canada and we believe that it will reinforce the Guild's leadership position in Canada's fibre community.

Resource Centre: Studio

New Year greetings from your Resource Manager Debra James Percival. A rentals update: since I cannot be in town at the Resource Centre during the month on a weekly schedule the Thursday Weavers have volunteered to accept returns for rentals (Thursdays between 11am and 2pm). I can be at the Resource Centre on Guild meeting nights between 6pm and 7pm to help members rent out equipment. I will be giving up my Volunteer position in June to pass onto someone who is working in the studio and loves to weave. I love the Guild, but I cannot be in town to volunteer enough to oversee the Resource Centre adequately.

Resource Centre: Library

OVWSG Library Feb Newsletter update

Please remember to bring your library material back for the meeting. If you can't make the meeting, contact the librarians (jsrmt@hotmail.com or 613-828-3256) and we will renew your material for one month. The library will be open at 5pm to 7:15pm on the Monday of the meeting, if you need to arrange another time, again please contact the librarians. If the Class Teachers let us know which books you will need for your course we will have them ready for you too. We are still looking for stray books and Videos. Please check your shelves, behind pillows, under looms, visiting friends or anyplace else you can think a truant guild item might be hiding! We have such an impressive library space now (not a closet or a dark basement!) I am sure the missing books and videos will want to return home.

Those brave members that were at the January meeting may have noticed something new on the table with the NEW BOOKS display? If you missed it come this month and see the new selection of DVD's!!!! YES, I did REALLY WELL shopping at Interweave Press' last 2 big online sales!!! I hope you will come and make the New Media feel welcome by signing it out between 5pm and 7:15pm on Monday Feb 7th 2011. Remember to print your name clearly and the date the item will be due (the next months meeting). If you forget to bring it back next month we will happily accept the donation to the new book fund of \$1.50 per item per month late fee!

New DVDs

Spinning Luxury Fibre, Judith MacKenzie
What an amazing source of information not just on
the actual process of spinning the various fibres but
also many small tidbits of information on blending,
carding, handling, and history of the fibre. She also
mentions weave concerns, options solutions
pertinent to the fibres she is discussing. She
covers: Silk, from cocoon to top to noil to
magnificent blends; Alpaca, both huaycaya and
suri; Camel; Llama; Paco-vicuña; Yak; Bison;
Cashmere; and Quiviut.

Gentle Art of Plying, Judith MacKenzie

Disc 1 Run Time: 64 minutes Disc 2 Run Time: 60 minutes

Wat a calm relaxed teacher. She is well informed, and can impart the information in an enjoyable and absorbable way. This is not a topic just for spinners; if you are a weaver or knitter her information will help explain the mechanics behind plying and tell you why one yarn will work better for a project then another.

How I Spin, Rita Buchanan

Running Time: Part 1, 65 min; Part 2, 90 min. She starts with why she spins and moves on to drafting. She focuses on changing how your hands move looking to find comfort and control. She talks about varying the thickness of singles then measuring, sampling, keeping records, and adjusting twist. Check out her multi-tasking ability near the end of disc 1 (using an electric spinning wheel to spin cotton while reading a art history book). In Disc 2 she discusses plying, fixing over twisted yarns, and preparing fibre with a flick carder, carders, English combs, drum carder blending. she focuses on adjusting you rather than adjusting your wheel.

Start Spinning, Maggie Casey

This is an introduction to spinning with a wheel. It can also be used as a review for those who are self taught. She is spinning with a student who asks a lot of interesting questions you might have to wanted to ask yourself. She does mistake a Saxony wheel for the sleeping beauty wheel. She shows a modern wheel and a traditional Saxony wheel adjustments. Part 2 looks at different kinds of sheep, fibres, and preparation as well as how to spin woolen, worsted and over the fold spinning. She shows how to adjust the wheel for short exotic fibres and briefly shows some of the more popular exotic fibres and mentions some suggestions for spinning them.

And so the weavers don't feel left out: <u>Doubleweave Basics</u>, Jennifer Moore Running time: Part 1, 76 minutes; Part II, 64 minutes

Using four shafts to weave two layer, she leads you through making a sampler with many techniques in double weave.

Doubleweave Pick-Up, Jennifer Moore

Run Time: 60 Minutes

She describes double weave pick up as made up of 2 layers not only woven separately from themselves but that could interchange anywhere across the width of the cloth enabling the colours from one side of the cloth to show up anywhere on the other and vice versa; allowing her to create designs that were not limited to going across the whole cloth. It is slow, methodical and deliberate but it liberates you to create any design in any combination of weave structures that you can imagine. She invites you to come and learn from her video. This video builds on her previous video and again mentions samples of 8 harness double weave but suggest we should look at her book for more information on those.

E-Books

The Weavers Studio, Doubleweave

Have you ever thought of weaving the look of Overshot but with the technique of double weave? Well, its in this book along with many other ideas you may not have tried yet too!! Come check out this book! Read it on your computer!

<u>Weavers Idea Book, Creative cloth on a rigid heddle</u> loom

This is not just a book for people with ridged heddles!! Within this tome you will find drafts that require more than 4 sheds (achieved on a rigid heddle loom with multiple Rigid heddles or pickup sticks!). It is truly amazing what can be done on a ridged heddle. Take a peak and check it out!!! Read it on your computer!

For more information on these books, check out www.interweave.com

Interesting Websites Interesting websites to check out!

I have noticed on the internet a trend to embellish commercial wheels. Some are more successful than others. Here are two intriguing ways of decorating your wheel in a very individual manner.

The first begins with The Hitchhiker by Merlin Tree the second uses Babe's Spinning Wheel in plastic to create a steam punk extravaganza.

http://www.themerlintree.com/merlin009.htm

The "Rotary Sheep Reducer" has a name plate which explains its purpose: "Designed to facilitate the Great Discovery of spinning Wool into Brass." http://www.sacoriver.net/~freegate/Rotary%20Sheep%20Reducer.html

and the Babe wheels owner felt the plastic was too plain for her so she upgraded with a bit of paint. http://dawningdreamsblog.blogspot.com/2008/07/adventures-in-spinning.html

OVWSG 2011-2012 Guild Challenge

As was previously announced, the Ottawa Valley Weavers and Spinners Guild is embarking on its second Guild Challenge. The objective of this initiative is to encourage weavers and spinners to move out of their comfort zone and complete projects that forces them to work within precise parameters. What this means is that participating members must think laterally and rely on their creativity within the means of their experience to meet this challenge. To encourage novice weavers and spinners to participate in the Challenge they can submit their work to a separate category. The exact deadline for submissions will be announced in the March 2011 Newsletter. As previously stated, the Guild intends to exhibit the results of the second Guild Challenge at the Mississippi Valley Textile Museum.

- 1. Inspiration: Any weaving draft published before 1975 We suggest that you consult publications such as Warp and Weft or Loom Music where a wealth of interesting weave structures can be found. The challenge is for weavers to use the weave structure and re-interpret it in a contemporary aesthetic.
- 2. Materials: Any yarn in any fibre What is important to consider is the suitability of the materials for the purpose of the yardage
- 3. Minimum Length: three (3) yards Three yards are the absolute minimum but weavers may wish to weave considerably longer warps.
- 4. Minimum width: 28 inches 28 inches are the minimum requirement but any width wider than 28 inches is eligible. The minimum width can be achieved by sewing yardages of several narrower widths together.

2011-2012 Guild Challenge for Spinners

- 1. Each participant will receive a kit of 150g of fibre (exact type to be determined).
- 2. Participants may sign up individually or pair up to form a two-person team to work with the 150g of fibre.
- 3. Participants must spin all the given fibre and must not add any of their own fibre, and must finish a project (knitting, crocheting, weaving, etc.) using the spun yarn.
- 4. Dying is permitted but not required.
- 5. Participants can do more than one project if they desire
- 6. Participants may purchase additional kits if they wish to create a project that requires more fibre. Assessment Criteria for both Challenges: Submissions will be evaluated based on the following criteria
- * Aesthetic appearance of the article
- * Technical mastery
- * Suitability of item for intended purpose

For further information please contact Mandy Heggtveit (weaving) at heggtveit@rogers.com or Aurora Richard (spinning) at aurora.richard@gmail.com

Workshops

Kumihimo is FULL. There is still space in Intermediate Inkle, Gaining Control and Intro to Spinning. Colour Theory and Overshot were cancelled due to lack of interest.

I need to work on the schedule for March to June. In order to do that I need instructors to let me know what they can offer BY FEB 15th. Please send me the following: title and description, number of hours, max number of students, preferred dates/times (and days/times that are not possible). Please include all the information even if you have given the class before.

Elizabeth Watt elizabeth@wattfamily.ca

Guild Exhibition & Sale 2011

There will be a meeting to discuss the 2011 Guild Sale on Sunday February 13, 2011, 1:00 pm to 4:00 pm at the Resource Center.

Please bring all your ideas and suggestions, and I look forward to seeing you on the 13th.

Sue Quinn 613-837-1619

sooniequinn@yahoo.ca

Heartwood House Parking

A few reminders for the parking lot:

- 1. Your vehicle and licence plate no. must be registered to your pass. If one day you use your car and another day your partner's car please make sure that both vehicles are registered to the pass.
- 2. <u>Please make certain that John can see your pass on the dashboard</u>. Beth Shalom has instructed John to ticket any car that does not have the pass on the dashboard.
- 3. The Beth Shalom passes are small. I'm happy to help by re-laminating them onto a bigger card. Let me know if you would like the reception staff to do this for you.
- 4. Handicap vehicles can park in the handicap area but they must be registered to pass #26. Please give me the vehicle information if you have someone who needs to use the handicap parking. 5. Visitors:

The street to the left of the laneway fence is Beausoleil. Visitors can park on this street for 3 hours at no cost should they find that parking is not available in the parking area behind the dumpsters. 6. Parking Lot Restrictions

- a. Main lot and laneway parking area is restricted to Beth Shalom pass holders from 8a.m. to 5p.m. Please park in the area behind the dumpsters. After 5p.m. all areas are available for parking for anyone.
- b. Saturday Main lot and laneway fence is restricted to Beth Shalom pass holders from 8a.m. to 11a.m. Park in area behind dumpsters. After 11a.m. all areas are available for parking for anyone.
- c. Sunday no restrictions you can park anywhere.

Upcoming Events

Conversation Pieces: African Textiles

Carleton University Art Gallery invites you to the Valentine's Day opening of Conversation Pieces: African Textiles from Barbara and Bill McCann's Collection, which takes place at the gallery on Monday, 14 February 2011, from 5:00 - 7:30 p.m. Dr. Blair Rutherford, Director of the Institute of African Studies at Carleton University, will officially open the exhibition at approximately 6:00 p.m. Conversation Pieces explore the vital role played by conversation and, more broadly, communication, in the acquisition, understanding and exhibition of textiles from the McCanns' rich and varied collection. The exhibition presents approximately sixty textile works and a wide range of garments acquired by the McCanns since 1970, in countries from Morocco to South Africa, as well as Mr. and Mrs. Andrews without their Heads (1998), a textilebased installation work by contemporary artist Yinka Shonibare, loaned by the National Gallery of Canada. Whether created as emblems of prestige, to commemorate particular events or individuals, to offer protection, or to identify a rite of passage, textiles and clothing throughout the African continent are actively employed to communicate concepts of identity, history, and community. Highlights of the exhibition include an intricatelyappliquéd raffia woman's skirt from the Democratic Republic of Congo, a cotton hunter's shirt from Mali adorned with leather amulets and mirrors, a richly-embroidered cotton man's gown from Nigeria, a Moroccan wool hooded cloak featuring a vivid red "eye" motif, and a three-part bridal outfit (smock, shawl and trousers) from Egypt's Siwa Oasis region. Conversation Pieces highlights the many ways that textiles initiate dialogue about and between people in Africa and elsewhere. The Carleton University Art Gallery is located in the St. Patrick's Building, at the north end of the Carleton

campus. Discount parking (\$3.00 flat rate) is available for this event. For more information, please consult our website: cuag.carleton.ca

Lecture: "Looming the Nation: 'Aso Ebi' and the United Colours of an African Country"

In conjunction with the exhibition Conversation Pieces: African Textiles from Barbara and Bill McCann's Collection, Carleton University Art Gallery is pleased to announce a free public lecture by Dr. Pius Adesanmi entitled "Looming the Nation: 'Aso Ebi' and the United Colours of an African Country." The lecture takes place at the gallery on Wednesday, 16 February 2011, at 7:00 p.m. Pius Adesanmi is the internationally-acclaimed winner of the inaugural Penguin Prize for African Writing (2010) in the non-fiction category with his manuscript, You're not a Country, Africa, which will be published in 2011 by Penguin Books South Africa. His first book, The Wayfarer and Other Poems, won the Association of Nigerian Authors Poetry Prize in 2001. A widely-cited commentator on African politics, literature, and culture, Adesanmi teaches African literature and African cultural studies in the English and French Departments and the Institute of African Studies at Carleton University, where he is an Associate Professor. One of Nigeria's famous newspaper columnists, Adesanmi writes two syndicated weekly op-eds in Nigeria and is also known for his polemical essays in pan-African ezines such as The Zeleza Post, Pambazuka, and Chimurenga. Discount parking (\$3.00 flat rate) is available for this event.

Applications to the October 8 to 10, 2011, "For the Love of the Farm Fine Art Exhibition and Sale"

Note that the deadline for submission is March 1, 2011. We look forward to hearing from artists as soon as possible. The Friends of the Central

Experimental Farm preserve, protect, maintain and enhance the Dominion Arboretum, the Ornamental Gardens, and other public areas of the Farm, in partnership with Agriculture and Agri-Food Canada, for the educational benefit and enjoyment of the public; and promote the Farm's historical significance and heritage values.

Friends of the Central Experimental Farm phone: 613-230-3276

fax: 613-230-1238

www.friendsofthefarm.ca

International Jacquard Workshop with Louise Lemieux Bérubé Schedule for 2011

Introduction (1) to Jacquard weaving (in French) with Louise Lemieux Bérubé

A one-week workshop: June 6 to 10, from 9:30 am to 4:30 pm - 30 hours - Cost: 400\$ plus taxes (for Canadian participants only) - material and text book included. Preparation of images with Photoshop - Introduction to Jacquard weaving by studying simple and some

complex weaves - Adaptation of a scanned image into a usable form for a woven interpretation - Designing and weaving different samples.

Introduction (1) to Jacquard weaving (in English) with Louise Lemieux Bérubé

A one-week workshop: August 8 to 12, from 9:30 am to 4:30 pm - 30 hours - Cost: 400\$ plus taxes (for Canadian participants only) - material and text book included.

Preparation of images with Photoshop -Introduction to Jacquard weaving by studying simple and some complex weaves - Adaptation of a scanned image into a usable form for a woven interpretation -

Designing and weaving different samples.

Intermediate (2) Jacquard weaving (in English) with
Louise Lemieux Bérubé

A one-week workshop: August 15 to 19, from 9:30 am to 4:30 pm - 30 hours - Cost: 400\$ plus taxes (for Canadian participants only) - material and text book included.

Preparation of images with Photoshop -Introduction to Jacquard weaving by studying simple and some complex weaves - Adaptation of a scanned image into a usable form for a woven interpretation -

Designing and weaving different samples - Study of complex weaves, including different ratio wefts, mixing two complex weaves, etc. - Additional case studies for personal projects.

Additional information

Jacquard weaving is done on two fully computerized Jacquard hand looms and Pointcarré software is used - Photoshop software is also used for special design effects and multiple layer compositions.

The warp on our loom consists of 1728 threads of 16/2 mercerized cotton set at 40 ends per inch — The computer lab and the weaving workshops are accessible at night and during weekends - Each participant has access to a Mac computer. There is a possibility to leave complete designs to be woven after workshop. Reservations are made by paying half of the tuition: contact nicole@textilesmtl.com to pay with a VISA or Master Card. Louise Lemieux Bérubé is recognized internationally for her knowledge, her use of new technologies and her artworks on Jacquard weaving and computerized embroidery.

http://www.lemieux-berube.com

Guild Meeting Minutes: Dec. 6th, 2010

(Written and Recorded, by Merilyn Mulligan) Monthly Meeting, December 6, 2010 Gallery, Heartwood House, (Written and Recorded, by Merilyn Mulligan) Meeting brought to order at 7:45 by Mandy Heggtveit

Visitors and Guests were introduced Announcements: Mary Morrison - Sale to be held for Heartwood House members over the lunch hours in the lobby and resource centre until 3: to last 3 days. Need volunteers and items to sell. The Guild will take 10% commission. Mandy is preparing for the grant from the City and advised all that we would be holding an executive meeting on Dec 16. Shirley Browsky announced the proceeds from the lottery and sale of Cards at X and Sale. Challenge: Weavers to create yardage, minimum 3 metres long min 25" wide, reinterpret design 1970's or prior. Can use any fibre any colour.

Break 8:15 Resumed 8:30

<u>Chinese Auction:</u> many treasures changed hands and with a great deal of fun and laughter.

Guild Meeting Minutes: Jan. 10th, 2011

Ottawa Valley Weavers and Spinners Guild Monthly Meeting, January 10, 2011
Gallery, Heartwood House,
(Written and Recorded, by Merilyn Mulligan)
Meeting brought to order at 7:30 by Mandy
Heggtveit
Introduction of new members and guests
Announcements: there was a poor response to the survey. We need people to sign up for the courses

at least one week before the class. We plan to offer advanced courses in spinning, weaving, and doing the relevant research to help provide a more structured way of learning. When each section is completed members will receive a certificate when completed. Will not compete or be instead of the OHS Master Spinner and Weaving Certificate. Challenge: Spinning and Weaving projects will be exhibited at the MVTM. Items to be finished by spring of 2012, all information will be in the next newsletter.

OHS Conference: Laurie H-C has received a letter from the OHS, directed to all the guilds in Eastern Ontario, Will they host the conference in 2013. Twizzle guild advised that they will help. Takes place over 3 days, maybe some workshops, a keynote speaker will be invited and a Fashion Show will be held. A vote was held and the membership agreed to hold the conference and about 6 present offered to assist with the project. Rental: Debra Percival explained the conditions for rental. 2 rigid heddle looms have been put together and are ready for classes.

Workshops: We would like to bring someone from the outside to give workshops. Possibly Bonny Inouye from the U.S. to do both intermediate and advanced. Ann Sunahara received a thank you letter from the organization "Out of the Cold" we gave them about 6 large bags of sox's, mitts, hats and scarves for the homeless. Francesca Overend: advised that there are 3 manikins available for free for pickup. Jean Sharp offered to pick up. Corresponding Secretary: Ann Sunahara offered to respond to requests and or thank you letters. Show and Tell:

Jan Scott – sample of knoll? binding – Knitting with one needle, felt hat, new spinning wheel received for Christmas-traveller; Elizabeth finished baby blanket woven on rigid heddle loom, designsummer and winter with all the letters of the

alphabet. Christine Turnbull – Russian drop spindle. Ann Middleton – handspun kid mohair-knitted shawl. Jean Sharp- colour wheel created by carding fleece died in three primary colours. Colourful skeins of yarn – very tiny brass spinning wheel. Nancy Gauthier-scarf woven in tartan pattern of family member.

Program: Jan Scott gave a very interesting and comical rendition of how the body works and how the muscles and nerves react to abuse and massage. We received a humorous point of view of ergonomics, physiology, muscle knots, cause and treatment of pain. Delivered in a manner easy to remember.

Adjourned 9:45

Marketplace

Members can now advertise for free!

The Marketplace portion of the OVWSG Newsletter is used to promote and assist its members. Current members of the OVWSG can advertise at no charge. Some restrictions may apply as to space availability and file restrictions. Contact: Melanie Overduin: melanie_overduin45@hotmail.com

For Sale for Spinners

White Rideau Arcott Fleece, washed, \$0.04 per gram.

Texel Fleese, dyed brown and carded into batts, \$0.08 per gram.

Commercially spun yarn, white Rideau Arcott, lace weight, \$5.00 per 100 yards.

Merilyn Mulliigan

613-821-2989 merilynr@primus.ca